

Clear Creek High School 2024-2025 Sports Packet

YOU WILL NOT BE ALLOWED TO PRACTICE UNTIL
YOU HAVE HAD YOUR PHYSICAL AND THIS PACKET
HAS BEEN RETURNED TO THE SCHOOL OFFICE.

Fill out front and back of all sheets and turn in as one packet to the High School office after you've had your physical.

PACKETS WILL BE RETURNED IF NOT COMPLETED

Sport Participation Fees for 9-12th Grade:

1st Sport Fee \$120.00

2nd Sport Fee \$120.00

Each Additional Sport \$90.00

Ski Race Fees \$350.00

Not to Exceed \$480.00 yr/Family (Does not include Ski

Race Fees)

Combined Middle School/High School

Students must pay the appropriate participation fees to be declared eligible to participate in extra-curricular activities.

STUDENT ELIGIBILITY INFORMATION FORM and CHSAA Anti-Hazing Policy

I hereby give my consent for	to compete in athletics for
Clear Creek High School in Colorado High School Acti Physical Examination and Parent Permit Form, and I eligibility as outlined in the <i>CHSAA Competitor's Broo</i> website).	5 5
I have read, understand and agree to the General E Brochure.	Eligibility Guidelines as outlined in the CHSAA Competitor's
Student Signature	Date
Parent or Guardian Signature	Date
superintendent or principal signed by his/her parer that he/she has passed an adequate physical example the examining physician, physician's assistant, nur Spc.) is physically fit to participate in high school at	nool athletics until there is a statement on file with the or legal guardian and a signed physical form certifying nination within the past year, noting that in the opinion or se practitioner or a certified/registered chiropractor, (DC) chletics; that student has the consent of his/her parents or participant have read, understand and agree to the CHSAA
CHSAA Ant	i-Hazing Policy
includes, but is not limited to humiliation tactics, fo	prohibits bullying, hazing, intimidation or threats. Hazing proced social isolation, verbal or emotional abuse, forced or tivity that requires a student to engage in illegal activity. I in any CHSAA sanctioned activity.
	uct. I further understand that it is my responsibility to e aware of to a sponsor, teacher, counselor, school support
	consibility to prevent and report hazing. I also understand team consequences that could include dismissal from the referral to law enforcement.
Student Signature	Date
Parent or Guardian Signature	Date



CLEAR CREEK HIGH SCHOOL PARENT PERMISSION FOR ATHLETIC PARTICIPATION

PARENT OR GUARDIAN PERMISSION

WARNING: Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, **BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC INJURY.** Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate this risk.

PLAYERS MUST OBEY ALL SAFETY RULES, REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM, AND INSPECT THEIR OWN EQUIPMENT DAILY.

By signing this Permission Form, we acknowledge that we have read and understood this warning. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM. By signing this form it allows my students medical information to be shared with appropriate medical staff when necessary in compliance with HIPPA (Health Insurance Portability and Accountability Act) Regulations.

I hereby give my consent for	to compete in athletics for ed sports, except as listed on back.
Parent or Guardian Signature	Date
Student Signature	Date

No student shall represent their school in interschool athletics until there is on file with the superintendent or principal a statement signed by his parent or legal guardian and a signed physical certifying that he/she has passed an adequate physical examination within the past year, that in the opinion of the examining physician, physician's assistant, nurse practitioner or a certified/registered chiropractor, he/she is physically fit to participate in high school athletics; and that he/she have the consent of his/her parents or legal guardian to participate.

NOTE: It is strongly recommended by the Colorado Department of Health that individuals participating in athletic events have current tetanus boosters. Tetanus boosters are recommended every 10 years throughout life. Boosters are recommended at the time of injury if more than five years have elapsed since the last booster.

If significant intervening illnesses and/or injuries have occurred, a more complete physical examination should be conducted. The physical examination form must be signed by a practicing physician, physician assistant, or nurse practitioner.

If a student athlete has been injured in practice and/or competition, the nature of which required medical attention, the student athlete should not be permitted to return to practice and/or competition until he/she has received a release from a practicing physician.

NOTE: The CHSAA urges an adequate physical examination be given when a student athlete changes levels of competition, i.e. Little League to Middle School, Middle School to High School.

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CLEAR CREEK HIGH SCHOOL WARNING TO STUDENTS AND PARENTS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION.

By its very nature, competitive athletics may put students in situations in which <u>SERIOUS</u>, <u>CATASTROPHIC</u> and perhaps, <u>FATAL ACCIDENTS</u> may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion and numerous other exposures to risk of injury.

Students and parents must access the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choices of risk; athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, quadriplegia and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risks exist.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper technique to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students <u>must</u> adhere to that instruction and utilization and <u>must</u> refrain from improper uses and techniques.

As previously stated, no amount of instruction, prevention and supervision will totally eliminate all risk of serious, catastrophic, or even fatal injury.

If any of the foregoing is not completely understood, please contact your school principal for further information.

Please sign below, make one copy for your records, and return the original to your school.

Student's Nar	ne:	Sport(s):	
	nowledge that we have read and unde ND PARENTS OR GUARDIANS.	rstand the material contained in t	the NOTICE TO
Signed:		Date:	
<u> </u>	Parent or Guardian		
Signed:		Date:	
	Student		

CLEAR CREEK HIGH SCHOOL ATHLETIC CONTRACT

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THE GOAL OF ATHLETICS IS TO DEVELOP A WINNING ATTITUDE IN THE STUDENT/ATHLETE. WINNING IS AN ATTITUDE THAT MUST BE PROMOTED IN ALL ASPECTS OF ONE'S LIFE, NOT ONLY ON THE ATHLETIC FIELD/COURT/SLOPES. STUDENT/ATHLETE CONDUCT ON AND OFF THE ATHLETIC FIELD/COURT/SLOPES AND IN AND OUT OF SCHOOL IS CRITICAL TO ATTAINING THIS GOAL. DURING BOTH THEIR ON AND OFF SEASON(S) OUR STUDENT/ATHLETES ARE EXPECTED TO REFRAIN FROM ANY AND ALL ACTIONS THAT WOULD DISCREDIT THEMSELVES, THEIR TEAM OR CLEAR CREEK HIGH SCHOOL. THE ACTIONS OF THE STUDENT/ATHLETE NEED TO SUPPORT OUR CORE VALUES (<u>DIGGERS</u>) IN ALL ENDEAVORS THROUGHOUT THE YEAR.

ELIGIBILITY: (Ref: Board Policy JJJ) Students will need to comply with academic eligibility rules in order to be excused from school to participate in ANY school activity which takes a student out of the classroom. Eligibility rules apply to all participants in extra-curricular activities; CHSAA and/or league sponsored events; and vocational organizations. Rules of eligibility will be held in accordance with the above-mentioned associations as well as those set by activity sponsors at CCHS.

- STUDENTS MUST PAY THE APPROPRIATE PARTICIPATION FEES TO BE DECLARED ELIGIBLE TO PARTICIPATE IN EXTRACURRICULAR
 ACTIVITIES. \$120 first sport, \$120 second sport, \$90 each additional, Ski Race Fees \$350 and \$480 family limit. (Family limit does not include Ski Race Fees both
 MS and HS)
- 2. All paperwork must be turned in and signed including; a physical form, parent permission form, a warning form, and an emergency card form.
- 3. All gear/uniforms must be turned in and any fees paid from any previous activity participated in at CCHS or CCMS.
- 4. Any student quitting an activity/sport after the first mandatory practice can't participate in another activity/sport that season without the approval of both Head Coaches and the Athletic Director.
- 5. If a student athlete ends a semester without passing 2.5 Carnegie units, he/she is required to sit-out of competition/activities until the CHSAA regain eligibility date. If the student is passing 2.5 Carnegie units at this date they may regain their eligibility.
- 6. A participant must attend scheduled classes for a minimum of two (2) blocks/four (4) classes in order to play or practice on any given day or to attend any school sponsored activity that takes them out of classes. The Athletic Director and or the Principal MUST approve any exceptions to this rule on an individual basis.
- 7. The eligibility week begins on Wednesday and goes through, and includes the following Tuesday. Any student appearing on the list with one or two "F's" will be put on athletic probation for one (1) week. The student will remain eligible during this first week. If the student appears the following week on the eligibility list with an "F" in any class, he/she will become ineligible. If the student receives 3 or more "F's" on the weekly eligibility list, they will become ineligible with no probation. The Head Coach may require study hall while an athlete is ineligible. If a student drops a class with an F that Grade will exist for two weeks on the eligibility report, which includes the week the drop fail was reported and one week after.

☐ The student will not be excused from school to	attend away events.	
Violation Violation of State CHSAA or School Rules	Consequence Determined by the Coach and A	thletic Director
Jnexcused absence from a class or practice	Miss the next competition or eve	ent
Failing 1 or more classes during Eligibility Period	See #7 listed above	
Possession/use of all tobacco products	1st Offense Loss of next	competition/event, # (probation)
	2nd Offense (of the school year)	Loss of 1/3 season
	3rd Offense (of the school year)	Loss of a full season
llegal nossession/use of alcohol or drugs	1st Offense	Loss of $1/2$ season, # (loss of $\frac{1}{4}$ season). In addition, there

will be a referral to the school counselor and the parent/guardian, and a mandatory police referral. Note that an **MIP** ticket may be issued for *being present* where underage consumption occurs.

2nd Offense (of the school year) Loss of eligibility for an entire calendar

Year from the date of the suspension.

3rd Offense (of career) Referral to the Athletic Council for penalty.

#Honor Clause: A student admitting guilt of the above mentioned violations, before knowledge of the offense is obtained by reliable or legal sources, to the Head Coach, Athletic Director, or Principal shall be considered by the Athletic Council for a lesser penalty on the first offense. Admitting guilt after a ticket has been issued would not be considered as part of the Honor Clause.

MIP: Students receiving an MIP with a BAC of 0.00 may go before the Athletic Council to appeal their suspension

Conduct: Any action deemed by the athletic director, coaches, or administration as detrimental to the team and/or the school in general will be subject to consequences as determined by the coaches, athletic director and/or administration. These actions may include, but are not limited to, hazing, fighting, vandalism, racial slurs or participation in inappropriate activities in or outside the school setting.

***Coaches may institute rules that are more strict but not less so than those of CHSAA, The Mile High League, or CCSD.

Carry over: Violations of the Athletic Contract will carry over to the next athletic season of participation. A percentage of the games/events left on the consequence will be figured and applied to the next season. If a student does not complete the season with their team once they are suspended, (i.e. attend practices and games) the remaining suspension will carry over to their next activity.

Due Process: Decisions by the Athletic Director and the Athletic Council may be appealed by the athlete to the Principal, Superintendent, and the School Board in that order.

The student/athlete and their parent or guardian must sign this contract and return it to CCHS before the student/athlete is eligible to participate. The contract is valid for any and all activities the student/athlete participates in during the student/athlete's entire career at CCHS, including summer breaks. By signing this contract you agree that you understand and will abide by the elements of this contract both stated and inferred.

PARENT/GUARDIAN PRINTED NAME	DATE	STUDENT PRINTED NAME	DATE
PARENT/GUARDIAN SIGNATURE		STUDENT SIGNATURE	

STUDENT EMERGENCY INFORMATION (MUST COMPLETE)

Last Name	First	Midd	lle	Male	Female
Mailing Address		City	Zip	Grade	
Physical Address		City	Zip	Birth Date	
Home Phone	Mother Cell Phone	e	Father Cel	l Phone	
Birthplace: City	State		Social Secu	ırity #	
To Parents - That we may be of greatest servi	ce to your child in case of	accident or sudden illness	, it is necessary	that you give the fol	lowing information.
Please check legal relationship to student.					
Mother Stepmother Guardia	n	(Name) Occupation	v	Vork Phone	
Employed by		Address			
Father Stepfather Guardia	ın	(Name) Occupation	v	Vork Phone	
Employed by		Address			
Name of person(s) with whom student live	es:		Relationshi	p	
IN AN EMERGENCY WHERE NEITHER	PARENT CAN BE REAC	CHED, CALL:			
Name	Home Phone			Cell Phone	
Name	Home Phone			Cell Phone	
The school will attempt to reach one of the a permission to use his or her discretion in sec PERSON RESPONSIBLE FOR OBTAINING does not cover surgery. In such cases, the property of the prope	to insurance? Yes bove persons, but if none uring medical aid in an en	(preference of these can be reached the theorem. IT IS UNDERS WILL BE RESPONSIBL	erred hospital) o whom? he school nurse, TOOD THAT N E FOR THE EX	r any hospital reasor principal, or teacher IEITHER THE SCH IPENSE INCURRE	in charge, has our OOL NOR THE
law, shall apply. Facts concerning the child's medical history noted on the reverse side of this form in the					nould be alerted are as
If Parent/Guardian fails to grant this consent	, the school will call 911 i	n the event immediate me	dical care is ind	icated.	
DATED SIGNATURE ADDRESS					
The school has the moral responsibility to en a policy; however, the school provides an in the policy must be paid for before practice b 1. I will carry the policy optic2. I am carrying a policy outs insurance company I will use is DATEDSIGNATURE	ncourage each participant is surance option in which st egins for that sport. on offered by the school. ide of school insurance. I	udents may voluntarily pa	pility for costs of	decide to take the s	chool insurance option tic participation. The

RESPONSIBILITIES AND EXPECTATIONS FOR THE PARENTS OF CCHS ATHLETES

- 1. Be a positive role model in terms of support for *all* athletes participating (including opponents) and demonstrate proper sportsmanship towards all fans, participants, and officials.
- 2. Take responsibility for supporting your student/athlete's rest, diet, study habits, and choices in general that will assist them in committing to our core values (<u>DIGGERS</u>) and following the CCHS athletic contract.
- 3. Read the free copy of the pamphlet "The Role of Parents in Athletics" by Bruce Brown and understand that Clear Creek High School supports the philosophies and roles outlined for parents in the pamphlet.
- 4. Encourage your student to advocate for themselves in terms of solving the problems and dealing with the adversity that comes with participating in athletics.
- 5. Understand that as a parent if you feel the need to address a situation concerning your student that you will need to follow the chain of command. Start with the coach and progress through the athletic director, principal, and superintendent. Concerns that are appropriate to discuss with your coach are:
 - a. The mental and physical treatment/health/safety of your student.
 - b. Concerns about your student's behavior.
 - c. Ways to help your child improve.
 - d. Questions, concerns, or clarification of team, school, or the CHSAA rules.

I have hereby read and understand the above expectations set forth by Clear Creek High School for the parent of a student athlete. I understand that the attendance at CHSAA sponsored events is a privilege to be earned and not a right and that inappropriate actions or an ejection will be dealt with in the same manner they would be for inappropriate player/participant actions or an ejection at CHSAA events.

Date://	Parent/Guardian Signature:	
Date:/	Parent/Guardian Signature:	

RESPONSIBILITIES AND EXPECTATIONS FOR CCHS ATHLETES

- 1. Understand it is your responsibility to inform your head coach, school nurse, and/or athletic director of any injuries or concussions you sustain on or off the field.
- 2. Take responsibility for your rest, diet, study habits, and choices in general that will assist you in committing to our core values (*DIGGERS*) and following the CCHS athletic contract.
- 3. Students should get missed assignments ahead of time when missing class for an athletic event.

I have hereby read and understand the above expectations set forth by Clear Creek High School for a student athlete.

Date:	//	Student Signature:	